Juniper Spa at Zion Ponderosa

Swedish Massage

Massage incorporating long, fluid strokes and hot towels to relieve stress from your neck to your feet.

> 50 minutes \$90 80 minutes \$120

Couple's Massage

Can choose between a Swedish Massage, Body Scrub, or Reflexology.

> 50 minutes \$170

In Room Table Massage

50 minutes Swedish Massage \$120 80 minutes Swedish Massage \$150 50 minutes Injury Massage \$120 80 minutes Injury Massage \$150 50 minutes Deep Tissue \$140 80 minutes Deep Tissue \$180 30 minutes Reflexology \$80 50 minutes Reflexology \$110

Please contact the front desk to make reservations or for additional information.

Massage Menu

Gnjury Alassage Massage focusing on acute or chronic injuries to lessen the pain level and to increase the range of motion of the injured area. 50 minutes \$90 80 minutes \$120

Warm Desert Stone

Integrating Swedish Massage and warm stones for body relaxation. The warm stones melt away tension and relieve pain. The massage tops off the experience with hot towels. 80 minutes \$140

Deep Tissue

Intense massage, the reaches deeper into the muscle fibers to release trigger points and to bring better circulation to the massaged area leaving your body feeling remarkable. 50 minutes \$110 80 minutes \$150

Reflexology Manipulating reflex areas in the feet and hands. These reflex areas affect other parts of the body without working that specific area. 30 minutes \$60 50 minutes \$90

Body Scrub

After exfoliating the skin, hot towels are used to invigorate the skin while relaxing the tissue. Then enjoy a massage to complete the experience. 50 minutes \$90

Poolside (Chair Massage)

Relax under a cabana with a stress-relieving massage, without having to leave the pool area.

2:00 p.m. - 4:00 p.m. 10 minutes \$15



Group Rate - 15 min. massage \$25 per each (4 massage minimum)

Scented Oils

To heighten your experience, scented oils can be added to your massage oil and towels for \$25. Available scents are:

> Juniper Berry Orange Peppermint Lavender Eucalyptus Lemongrass Rosemary **Ylang Ylang Clary Sage**

Toll Free 1-800-293-5444